

### **PSY 322 Module Six School Administrator Worksheet**

**Overview:** With increases in the availability of technology and social media use among youth, incidents of cyberbullying and online harassment have increased. Along with these incidents, traditional incidents of physical or in-school bullying have remained constant. For this worksheet, you will consider the issue of bullying from an actual case perspective. By completing this activity, you will assess the response of schools in cases of extreme bullying and identify additional resources for support. *In the field of psychology, suicide is an increased topic of concern, especially with new technology and younger generations. Please be aware that cases may involve disturbing content, including mention of suicide.* 

**Prompt:** Choose either the Mallory Grossman or Jacob LeTourneau-Elsharkawy case, located in the module resources. Research additional information about your chosen case as needed. How did the school administration handle the bullying incidents? Were there extra steps that could have been taken?

For this worksheet, you will be taking on the role of a school administrator. After having read the material on your chosen case, complete the following:

- Identify 2–3 steps taken by administrators in the case either to prevent or to respond to the incident.
- Identify 2–3 additional steps you would take or support resources that you might put in place to prevent a similar incident among your students. For each resource or step, please explain how you would use it or deploy it.

Complete parts A and B of the School Administrator Worksheet below. To complete this worksheet, replace the bracketed text with the relevant information.



# **School Administrator Worksheet**

## Name: Alex Chosen Case: Jacob LeTourneau-Elsharkawy

#### PART A: STEPS TAKEN BY ADMINISTRATORS

Identify 2–3 steps taken or resources deployed by administrators in your case. For each resource or step, identify if it is a prevention (to deter or prevent the incident) or a mitigation (to address the incident). Lastly, explain how administrators deployed it.

STEP or RESOURCE	STEP/RESOURCE TYPE (Prevention or Mitigation)	HOW IT WAS USED/DEPLOYED
1. Anti-Bullying Policies	Prevention	The school had established anti-bullying policies intended to prevent incidents of bullying by setting clear expectations for behavior and outlining consequences for violations. These policies were communicated to students and parents through handbooks and school meetings.
2. Disciplinary Actions	Mitigation	In response to reported bullying incidents, the school administration took disciplinary action against the perpetrators. This included detentions, suspensions, and other corrective measures to address the behavior and mitigate the impact on the victim.
3. Counseling Services	Mitigation	The school provided counseling services to support the victims and help them cope with the psychological impacts of bullying. This included individual counseling sessions with a licensed school counselor who offered emotional support and guidance.



#### PART B: ADDITIONAL STEPS YOU WOULD TAKE

Identify 2–3 additional steps you would take or support resources that you might put in place to prevent a similar incident among your students.

STEP or RESOURCE	STEP/RESOURCE TYPE (Prevention or Mitigation)	HOW IT WAS USED/DEPLOYED
1. Comprehensive Anti-Bullying Programs	Prevention	Implement comprehensive anti-bullying programs that include workshops, seminars, and activities aimed at educating students about the effects of bullying and promoting a positive school culture. These programs would involve students, teachers, and parents to foster a community-wide approach to preventing bullying.
2. Enhanced Staff Training	Prevention	Provide enhanced training for staff on recognizing and addressing bullying, including cyberbullying. This training would equip teachers and administrators with the skills needed to identify early signs of bullying and intervene effectively. Regular professional development sessions would ensure that staff remain informed about best practices and new strategies.
3. Peer Support Groups	Mitigation	Establish peer support groups where students can share their experiences and provide mutual support. Trained counselors would facilitate these groups and aim to create a safe space for students to discuss their feelings and challenges. The peer support groups would also help build a sense of community and reduce the isolation that victims of bullying often feel.