

Week 4 Discussion: Seminal Works: Theoretical and Empirical Foundations Literature

Student's Name

Institutional Affiliation

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The article by Hackney et al. (2022) provides an extensive systematic review of how telecommuting—work from home arrangements—affects personal and organizational performance and productivity. The study synthesizes data from various empirical studies to assess the broader impacts of remote work. It addresses key performance metrics, engagement levels, and the psychological implications on employees. This source is seminal in understanding the dynamics of work-life balance in the context of the digital economy, crucial for both business and IT fields (Hackney et al., 2022). The shift to remote work, as detailed in the article, presents a foundational exploration of how flexible work arrangements can lead to shifts in work-life balance, potentially affecting learning environments and professional development. The integration of online learning with remote work practices offers a fresh perspective on managing work-life boundaries, making this source particularly relevant for studies focused on integrating technology with personal efficiency.

Peer Responses

Peer Response 1

Your discussion on the application of your selected article to our topic of work-life balance and online learning offers a compelling perspective. I appreciate how you have delineated the theoretical framework and its relevance to modern employment practices. However, could you elaborate on how the findings of your article could influence policy-making or organizational strategies in specific sectors such as technology or education, where work-life balance is increasingly challenged by remote work dynamics?

Peer Response 2

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For your second response, continue engaging thoughtfully by adding new perspectives or examples to another peer's post, enhancing the ongoing discussion..

Reference

Hackney, A., Yung, M., Somasundram, K. G., Nowrouzi-Kia, B., Oakman, J., & Yazdani, A. (2022). Working in the digital economy: A systematic review of the impact of work from home arrangements on personal and organizational performance and productivity. *Plos One*, *17*(10), e0274728.