Course Diagnosis and Treatment of SUD

Student's Name

Institutional Affiliation

## Week 2 Discussion: Course Diagnosis and Treatment of SUD

Sam is a 28-year-old man who has increased his alcohol consumption to regain the buzz in his life. He experiences mood swings, stomach irritation, and sleeplessness when attempting to refrain from drinking. He recently broke up with his girlfriend following two nearly fatal car accidents related to his drinking.

Using the DSM-V criteria, Sam meets the criteria for Alcohol Use Disorder. His symptoms include a persistent desire to cut down, unsuccessful efforts to control alcohol use, and continued use despite negative consequences. His mood swings and physical symptoms suggest significant impairment.

Sam's condition can be classified as severe. He exhibits multiple symptoms of severe Alcohol Use Disorder, including high tolerance, withdrawal symptoms, and a pattern of hazardous drinking behavior, such as drinking and driving.

Sam experiences mood swings and stomach irritation when he attempts to stop drinking. He needs to consume more alcohol to achieve the same effect, indicating tolerance. His inability to stay sober for more than four days shows physical dependence. Sam has a family history of alcoholism, which may contribute to his condition. He uses alcohol to cope with emotional distress and regain a sense of normalcy.

## **Responding to Peers**

Post your response to the Discussion Area by the due date assigned. Respond to at least two posts by the end of the week.

## Response 1

Hi Jacob, I appreciate your detailed analysis of Sam's case. Your classification of his condition as severe is well-supported. Have you considered how his family history might

influence his treatment plan? Understanding genetic predispositions could be crucial in addressing his long-term recovery needs.

## Response 2

Hi Jamie, I found your analysis very insightful. I agree with your assessment that Sam's condition is severe, especially considering his history of nearly fatal accidents. Your explanation of psychological dependence was spot on. Have you thought about how his denial of the severity of his issue might impact his treatment? Addressing his reluctance to see the problem could be key to successful intervention.