

Self-Reflection on Different Identities

Student's Name

Institutional Affiliation

## 1,2-2 Self-Reflection on Different Identities

### **Social Identity Wheel**

Participants exemplify how personal and cultural identities can significantly influence one's academic pursuits and social engagements. This profile demonstrates the profound impact of integrating personal beliefs with academic and extracurricular activities, enhancing their educational experience, and contributing positively to the campus community.

### **Reflection on Identities and Group Identities**

Engaging with the Social Identity Wheel prompted a deep introspection of who I am across different contexts. This identity is central to my current life phase as a college student, influencing my daily activities, priorities, and social circles. Being part of student organizations not only defines a part of my social identity but also enriches my experience, providing a sense of community and purpose.

### **Navigating the Feelings: An Exploration of Personal and Group Identities**

Reflecting on my identity was both challenging and rewarding. It brought up feelings of pride, confusion, and curiosity about how various facets of my identity interact. For example, reconciling my academic interests with personal beliefs sometimes creates a conflict, yet it also fosters a unique personal narrative.

### **Selected Groups and their impact on my Social Identity Aspects**

The following are the factors that shaped my social identity.

#### **Personal Identity Aspects**

Following personal identity aspects impacted me greatly which further enhanced my identity.

**Ethnicity.** Being of Hispanic descent, this identity is a profound element of my identity. It influences my family traditions, culinary preferences, and holiday celebrations. It's a source of pride and a cause of distress in situations where cultural misunderstandings arise.

**Academic Major.** Biology shapes my intellectual pursuits and career aspirations. It reflects my passion for understanding life at a molecular level and impacts my daily activities and future goals.

### **Social Identity Aspects**

The factors mentioned below have significantly influenced my identity.

**College Student.** This identity places me within a community of learners and future professionals. Others view it positively, often associated with being ambitious and disciplined.

**Member of the Environmental Club.** This reflects my commitment to sustainability and conservation. It's sometimes seen as activist or progressive, impacting how I'm perceived in various social circles.

### **Impact of Culture on Identities**

The culture I am part of profoundly impacts these identities. In the Hispanic community, there is a strong emphasis on family and collective well-being, which reinforces my ethnic identity and influences my social behaviors. Meanwhile, the academic culture in college promotes values like curiosity and skepticism, which is evident in my major and my role in the Environmental Club.

## **Selected Groups and Their Impact on My Identity**

### **Specific Groups**

The below-mentioned groups had a strong impact on me which further shaped my identity.

**Environmental Club.** This group is a significant part of my identity, aligning with my values of environmental stewardship. It provides a sense of belonging and purpose, influencing my self-perception as someone who contributes positively to societal challenges.

**Biology Student Association.** As part of this group, I connect with peers with similar academic and career goals in the field of biology. It reinforces my academic identity and provides a network that supports my professional development.

### **Cultural Impact on These Groups**

The academia and environmental advocacy culture promotes a proactive learning and community engagement approach. This culture shapes how these groups operate and are perceived externally, enhancing my commitment to these identities.

### **Conclusion**

Reflecting on my identities and the groups I belong to has been pivotal in self-awareness and understanding. It has highlighted how intertwined personal and social identities are and how cultural influences mold them. This reflection has enhanced my understanding of myself and how I navigate and contribute to the world around me. This process has reaffirmed my commitment to my values and community roles.