

Final Theory Assignment

Student's Name

Institutional Affiliation

15,16-2 Final Theory Assignment

Selection and Summary of a Patient Story

The interactions between healthcare professionals and Anna, a young Hmong patient, underscore the clash between modern medical practices and traditional cultural beliefs. The scenario captures the emotional turmoil that arises when medical urgency meets deeply ingrained spiritual traditions, highlighting the necessity for cultural sensitivity in healthcare. The key elements of the story include Anna's insistence on integrating spiritual rituals before surgery, which emphasizes the need for healthcare providers to understand and respect diverse cultural contexts deeply. This understanding is crucial for developing comprehensive treatment plans that are both medically effective and culturally sensitive, ensuring that patient care respects cultural values while addressing medical needs.

Important Elements of the Story

1. The story brings to the forefront the ethical dilemma faced by healthcare providers when medical responsibilities conflict with the religious beliefs of the patient's family.
2. It underscores the necessity for healthcare providers to navigate and respect the patient's cultural and religious contexts thoughtfully.
3. It highlights the challenges in communication that arise from emotional distress and differing worldviews between healthcare professionals and the patient's family.

Selection of Theories/Frameworks/Models

Selected Theories

1. CALM Framework: This framework advocates for the use of cultural brokers to mediate between differing cultural perspectives within healthcare settings.
2. Giger and Davidhizar's Transcultural Assessment Model (2002): This model stresses the importance of assessing cultural, racial, and ethnic variances to provide culturally competent care, emphasizing tailored healthcare delivery based on comprehensive cultural understanding.

Theoretical Analysis and Application

Comparison and Contrast of Theories

CALM Framework. Focuses on mediation through cultural brokers to ensure that both medical and cultural perspectives are respected and understood, facilitating negotiations and communications between healthcare providers and patients.

Giger and Davidhizar's Model. Centers assess six cultural phenomena (communication, space, social organization, time, environmental control, and biological variations) that affect patient care, advocating for healthcare approaches that are customized to cultural specifics.

Theories' View on Provider-Patient Interaction

CALM Framework. Would likely advocate for the introduction of a cultural broker in Eric's scenario, who could ensure that communications between healthcare providers and Eric's mother are conducted in a manner that respects both medical insights and religious beliefs.

Giger and Davidhizar's Model. Authors suggest that healthcare providers need to thoroughly assess the religious and cultural background of Eric's family when planning and implementing their care, particularly paying attention to communication styles and the family's conceptualization of time and decision-making processes.

Advice from Theories' Authors

CALM Framework. The authors would likely recommend that healthcare providers involve cultural brokers to facilitate culturally sensitive and effective communication.

Giger and Davidhizar's Model. Authors advise healthcare providers to undergo training to recognize and adapt to cultural differences in communication, decision-making, and patient care.

Most Applicable Theory/Framework/Model

CALM Framework. Appears particularly applicable to this patient story as it provides practical mediation solutions using cultural brokers, which could significantly aid in bridging the gap between Eric's healthcare needs and his mother's religious beliefs.

The benefit of Selected Theory to the Patient Story

Applying the CALM Framework could foster a better understanding and cooperation between the healthcare team and the patient's family. It would facilitate a care strategy that respects the family's religious values while ensuring that medical ethics are not compromised, potentially leading to a treatment plan that is both acceptable to the family and medically sound.

Importance of Using Theories/Frameworks/Models in Healthcare:

Employing theoretical frameworks like CALM and Giger and Davidhizar's Model in healthcare provides structured methods for understanding and navigating complex patient interactions involving cultural, ethical, or religious considerations. These frameworks enhance the ability of healthcare providers to deliver care that is not only effective but also culturally sensitive, leading to improved health outcomes and higher patient satisfaction in a diverse patient population.